



## Find More Free Word Searches

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[www.printawordsearch.com](http://www.printawordsearch.com)

## Choose Your Format

We cater to every puzzler's taste by offering our word searches in a variety of formats. Our color format is perfect for engaging those who love a visually stimulating experience, while our black & white format provides a clean, classic look ideal for a more traditional solving experience.

## About Us

Our passion lies in creating engaging and enjoyable word searches for everyone from teachers and mental health professionals to puzzle enthusiasts looking for some fun. We dedicate ourselves to crafting a diverse array of word searches designed to challenge the mind and bring a smile to your face.

Name: \_\_\_\_\_

Date: \_\_\_\_\_



# Mindfulness Word Search

Find all of the words in the grid. Words can go horizontally, vertically, diagonally, or even backwards.



Acceptance  
Awareness  
Balance  
Breathe  
Calm  
Centered  
Clarity  
Embrace

Grounding  
Harmony  
Healing  
Insight  
Love  
Meditation  
Mindfulness  
Peace

Presence  
Relaxation  
Serenity  
Silence  
Stillness  
Tranquility  
Unity  
Yoga

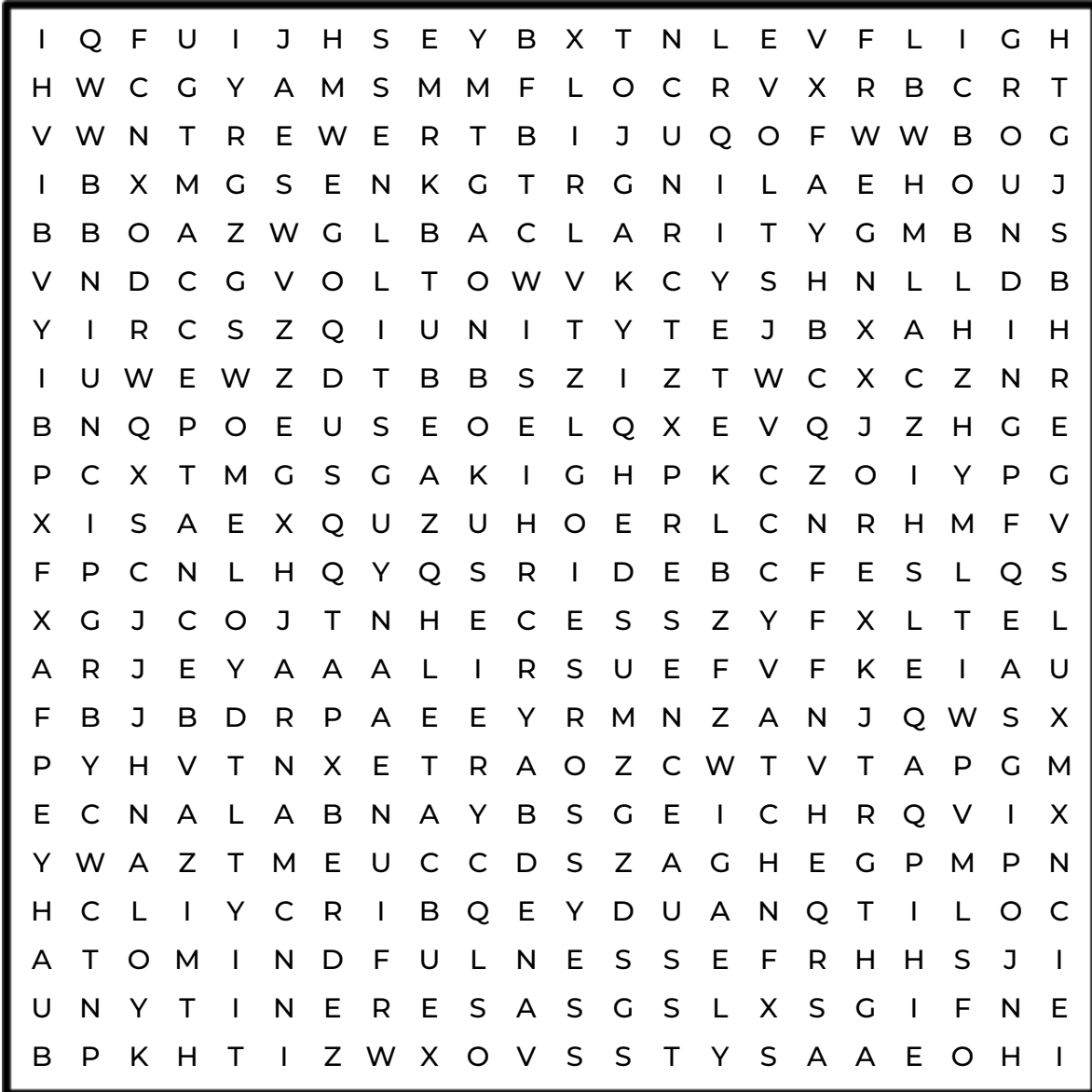


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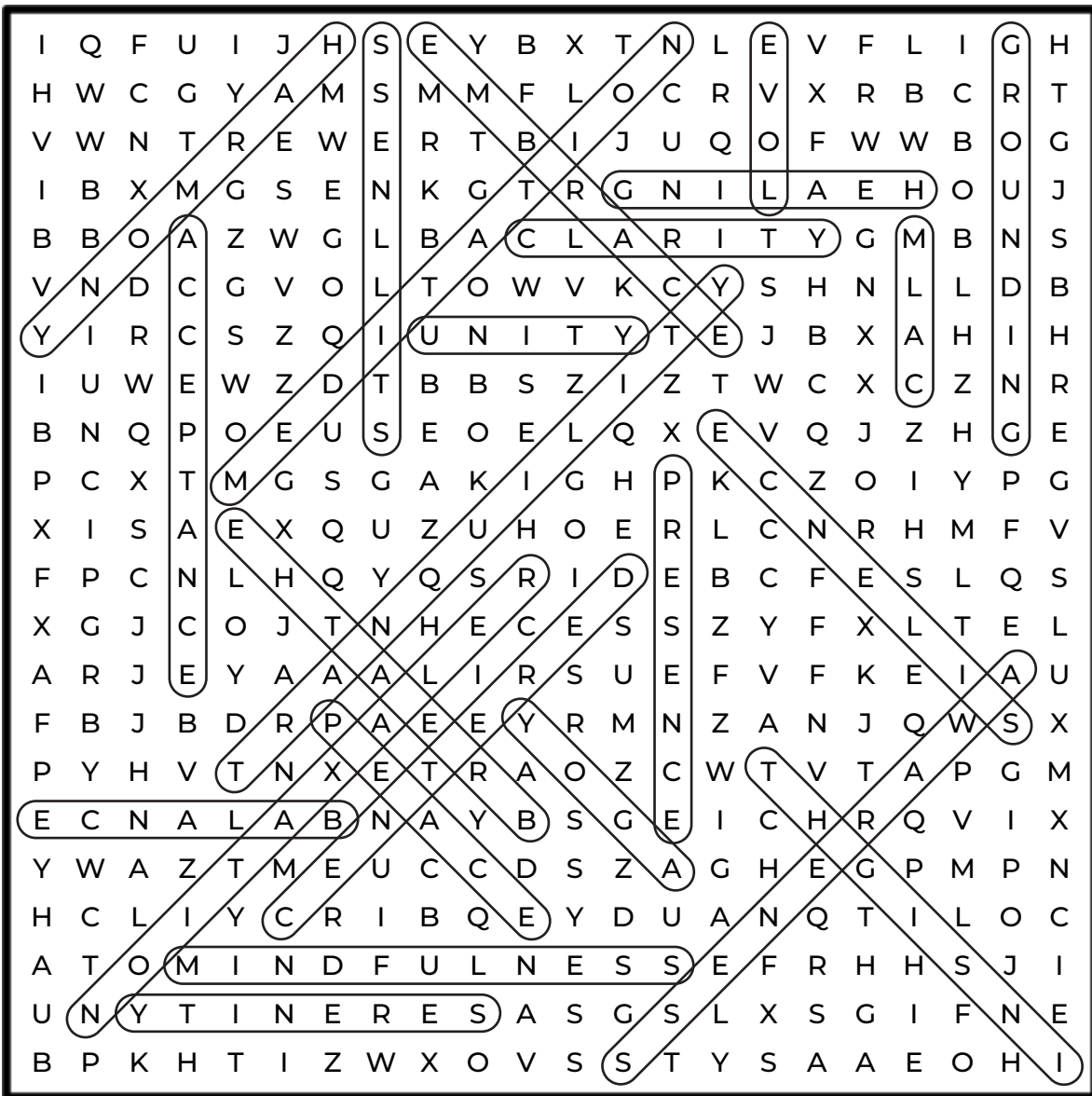


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# Mindfulness Word Search Solution



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