Name: _____ Date: _____

Relaxation Word Search

Find all of the words hidden in the grid.
They may go in any direction.

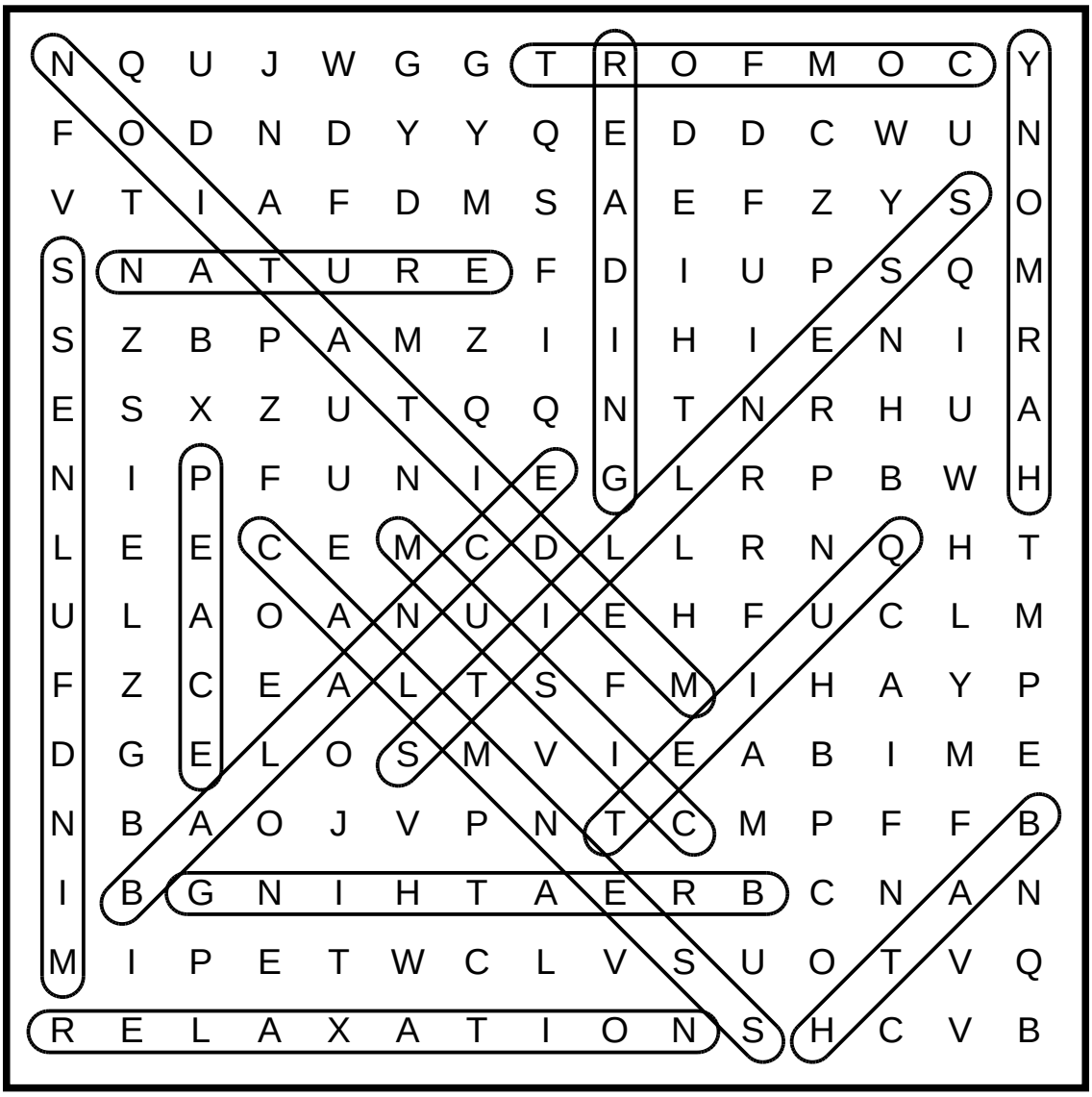


N Q U J W G G T R O F M O C Y
F O D N D Y Y Q E D D C W U N
V T I A F D M S A E F Z Y S O
S N A T U R E F D I U P S Q M
S Z B P A M Z I I H I E N I R
E S X Z U T Q Q N T N R H U A
N I P F U N I E G L R P B W H
L E E C E M C D L L R N Q H T
U L A O A N U I E H F U C L M
F Z C E A L T S F M I H A Y P
D G E L O S M V I E A B I M E
N B A O J V P N T C M P F F B
I B G N I H T A E R B C N A N
M I P E T W C L V S U O T V Q
R E L A X A T I O N S H C V B

BALANCE
BATH
BREATHING
CALMNESS
COMFORT
HARMONY
MEDITATION
MINDFULNESS
MUSIC
NATURE
PEACE
QUIET
READING
RELAXATION
STILLNESS

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Answer Key for
Relaxation Word Search



BALANCE
BATH
BREATHING
CALMNESS
COMFORT
HARMONY
MEDITATION
MINDFULNESS
MUSIC
NATURE
PEACE
QUIET
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