

Name: _____ Date: _____

Relaxation Word Search

Find all of the words hidden in the grid.
They may go in any direction.



N	Q	U	J	W	G	G	T	R	O	F	M	O	C	Y
F	O	D	N	D	Y	Y	Q	E	D	D	C	W	U	N
V	T	I	A	F	D	M	S	A	E	F	Z	Y	S	O
S	N	A	T	U	R	E	F	D	I	U	P	S	Q	M
S	Z	B	P	A	M	Z	I	I	H	I	E	N	I	R
E	S	X	Z	U	T	Q	Q	N	T	N	R	H	U	A
N	I	P	F	U	N	I	E	G	L	R	P	B	W	H
L	E	E	C	E	M	C	D	L	L	R	N	Q	H	T
U	L	A	O	A	N	U	I	E	H	F	U	C	L	M
F	Z	C	E	A	L	T	S	F	M	I	H	A	Y	P
D	G	E	L	O	S	M	V	I	E	A	B	I	M	E
N	B	A	O	J	V	P	N	T	C	M	P	F	F	B
I	B	G	N	I	H	T	A	E	R	B	C	N	A	N
M	I	P	E	T	W	C	L	V	S	U	O	T	V	Q
R	E	L	A	X	A	T	I	O	N	S	H	C	V	B

Balance

Bath

Breathing

Calmness

Comfort

Harmony

Meditation

Mindfulness

Music

Nature

Peace

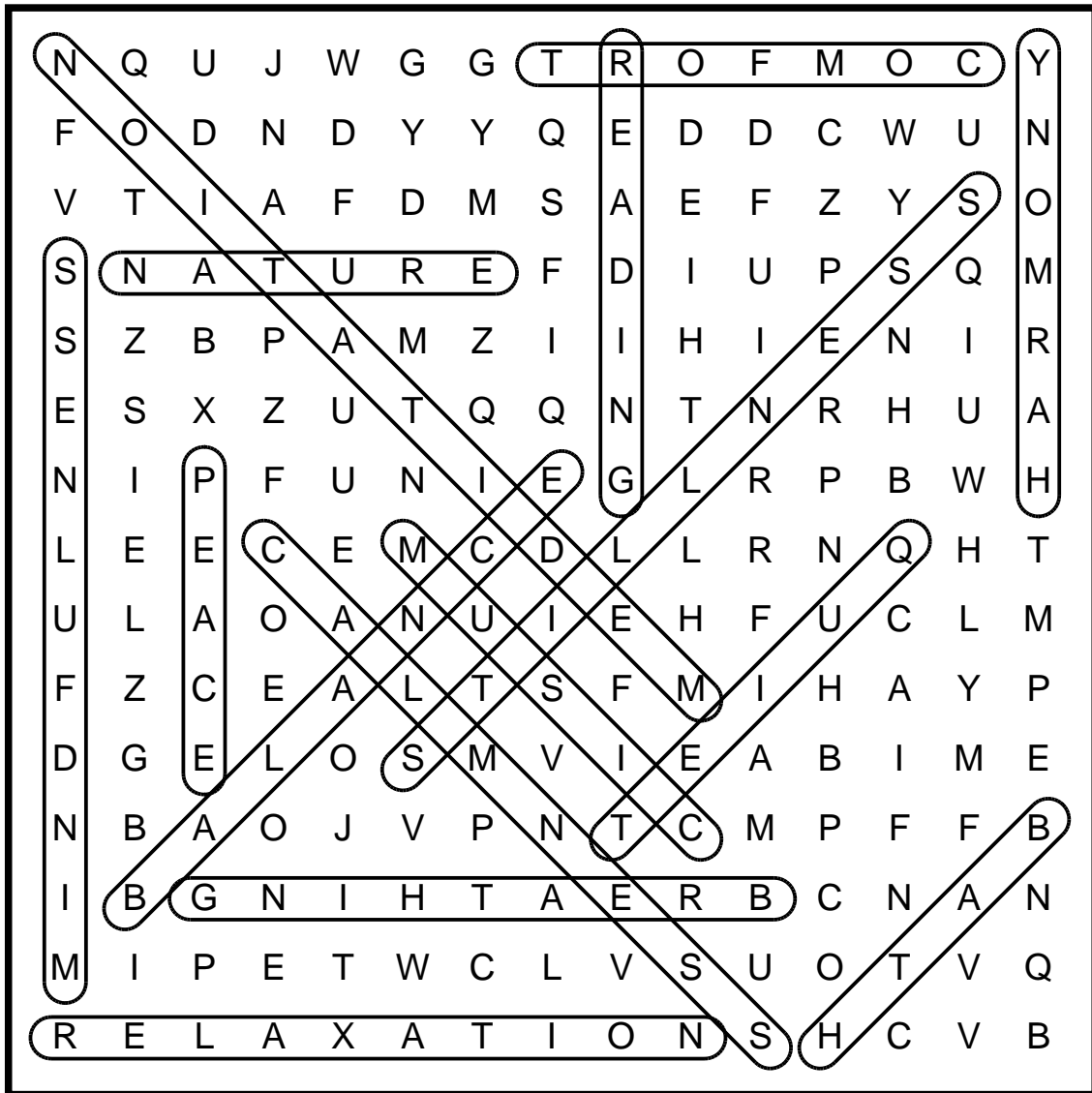
Quiet

Reading

Relaxation

Stillness

Answer Key for Relaxation Word Search



Balance

Bath

Breathing

Calmness

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